

TERMINOLOGY TESTING REQUIREMENTS

(This and other testing material may be found at www.tsdkarate.com)

WHITE BELT – 10th Gup

- Name the Martial Art you study:** Tang Soo Do
- Name and Rank of your Instructor:** Sa Bom Nim Michael Tullier (Master / 5th Degree Black Belt)
- Telephone number to the Tang Soo Do Karate College:** (225) 272-5425 (kick)
- Uniform:** Dobok **Belt:** Dee **Training Room:** Dojang
- Thank you:** Ko-map-sum-ni-da
- Ready stance:** Choon bee jaseh
- 10 Articles of Tang Soo Do Training (1 through 3)**
 1. Be loyal to your country.
 2. Be obedient to your parents.
 3. Be lovable between husband and wife.
- Numbers 1-10 in Korean:** Hana, Tul, Set, Net, Tasot, Yosot, Ilgop, Yodul, Ahop, Yol
- Season of the White Belt:** Winter, symbolic of the students hidden potential.
- Animal sign of the White Belt:** Tiger, the student moves are aggressive and dangerous, yet attacks along a linear path.
- Element of the White Belt:** Steel/metal, the student is unbending and ridged at this time in their training like metal.
- Children's Safety Rules:** 1. What is your phone # with area code. 2. Your street address, city, state, & zip code. 3. Emergency phone # other than 911. 4. Only speak with strangers in the presence of your parents or guardian. 5. Get permission from parents before leaving the house & let them know what time you will return.

YELLOW BELT – 9th Gup

- All White Belt requirements**
- Know the definition of Gup:** Color belt student below the rank of black belt
- Korean name for the basic blocks:** mahk-kee **and kicks:** cha-gi **or foot techniques:** jok-gi
- Left:** when **Right:** o-rin
- Front stance:** chun gul jaseh
- Korean for you are welcome:** chan-mon-ha-yo
- How do you say "form" in Korean:** Hyung
- Korean name for the United States Flag, Korean Flag**
Song Cho Ki- USA, Kuk Ki- Korean
- 10 Articles of Tang Soo Do Training (4 through 7)**
 4. Be cooperative between brothers.
 5. Be faithful between friends.
 6. Be respectful to your elders.
 7. Be faithful between teacher and student.
- Numbers 11-20 in Korean:** Yol-Hana, Yol-tul, Yol-set, Yol-net, Yol-tasot, Yol-yosot, Yol-ilgop, Yol-yodul, Yol-ahop, Sumul

ORANGE BELT – 8th & 7th Gups

- All Yellow Belt requirements**
- Demonstrate how to tie your dee**
- How many stars are on the United States flag & what do they represent?** 50, the 50 States
- How many stripes are on the United States flag & what do they represent?** 13, the 13 original colonies of the United States
- Know what the colors on the United States Flag represent:**
Blue- Justice, White- Innocence, Red- Courage
- Know what the symbols (tri grams) on the Korean Flag represent:**
From top left (clockwise)- Heaven, water, earth, fire; middle- Uhm-Yang= balance
- Know what at least three symbols on the school patch represent:**
Fist- Justice; 13 leaves- 13 original provinces of Korea; 6 berries- 6 continents TSD is studied on; Uhm-Yang- Korea; Star- USA; red stars- spreading of TSD worldwide
- Horse stance:** kee mah jaseh
- 10 Articles of Tang Soo Do Training (8 through 10)**
 8. Know the difference between good and evil. (Kill only with justice and honor).
 9. Never retreat in battle.
 10. Always finish what you start.
- Know the Korean term for all body parts of the head** (See list below red belt material)
- Know what animal represents the Pyong Ahn forms:** Turtle
- Numbers 21-30 in Korean:** Sumul-Hana, Sumul-tul, Sumul-set, Sumul-net, Sumul-tasot, Sumul-yosot, Sumul-ilgop, Sumul-yodul, Sumul-ahop, Sorhun

GREEN BELT – 6th, 5th & 4th Gups

- All Orange Belt requirements**
- Be able to explain all the symbols on the school patch**
Fist- Justice; 13 leaves- 13 original provinces of Korea; 6 berries- 6 continents TSD is studied on; Uhm-Yang- Korea; Star- USA; red stars- spreading of TSD worldwide
- Back stance:** Hu gul jaseh
- Know what year the Pyong Ahn forms were introduced in their present format:** 1905-09
- Know who introduced the Pyong Ahn forms:** Master Itos
- Know who founded Mu Duk Kwan Tang Soo Do and in what year:** Grandmaster Hwang Kee, 1945
- Know the meaning of *Pyong **Ahn:** *Well-balanced, Calm & Peaceful **Safe, Confident & Comfortable
- Know the Korean term for all middle body parts** (See list below red belt material)
- Season of the Green Belt:** Spring, the student is beginning to blossom and discover their potential.
- Animal sign of the Green Belt:** Dragon, the student moves/techniques become more ferocious and exact than that of the tiger
- Element of the Green Belt:** Wood, the student is learning to bend like the trees in the wind and become less ridged at this time in their training.
- Numbers 31-40 in Korean:** Sorhun-Hana, Sorhun-tul, Sorhun-set, Sorhun-net, Sorhun-tasot, Sorhun-yosot, Sorhun-ilgop, Sorhun-yodul, Sorhun-ahop, Mahun

RED BELT – 3rd, 2nd & 1st Gups

- All Green Belt requirements**
- Why do you want to be a black belt?**
- Korean for jumping technique:** E-dan
- Korean for front:** Aup **Korean for back:** Dwi **Korean for side:** Yup
- Define the meaning of Pahl Che So & *Pahl Che Dae?** Lesser choice of the best, *Greater choice of the best
- Know what animal represents the Pahl Che forms:** snake/cobra
- Know what season the red belt represents:** Summer. The color of summer is red. It is hot and the energy level is high. Red Belts train intensely, they work hard to improve their technique, and they are eager to share their knowledge with the lower ranking students in their classes. Their loyalty to Tang Soo Do and their instructor is strong as they begin to develop a balance of peace, calm and confidence in their training.
- Animal sign of the Red Belt:** Eagle, Red Belts are associated with the bird. Young birds must take many risks as they prepare to leave their nests and fly on their own, while mature birds soar confidently through the sky. The Red Belt is a combination of the two. On one level they are confident, they are training hard, and they are gaining a level of respect among the gup members. They are comfortable in the air; easily performing flying and jumping techniques. On the other hand, they are preparing to leave the comfort and security of their rank as they progress to Black Belt. In order to successfully make this transition, the Red Belt must be willing to take risks and look to their instructor for guidance and support.
- Element of the Red Belt:** The element of Red Belt is Fire. Fire is moving, growing, flexible element. It can both burn wood and melt metal. This is symbolic of the Red Belt's progression in rank and seniority among gup students. They have put a lot of time and energy into their Tang Soo Do training, and have developed the knowledge and ability to help teach white and green belts. At this time the student attitude is on fire for the art of Tang Soo Do.
- Know Sa Bom Nim's ITF Black belt number & the year he made cho dan:** 29325, 1993
- Know the date Sa Bom Nim first started training Tang Soo Do:** June 13th 1989
- Numbers 41-50 in Korean:** Mahun-Hana, Mahun-tul, Mahun-set, Mahun-net, Mahun-tasot, Mahun-yosot, Mahun-ilgop, Mahun-yodul, Mahun -ahop, Swin
- Korean terms for body parts:**

**Abdomen..... Dan Jul
 ***Ankle Pal Mok
 **Arm P'al
 **Back Tung
 *Blood P'I
 *Bone..... Pyo
 **Chest Ka Sum
 *Chin..... Tuk
 **Collar Bone Swe gol
 *Ear Kwi
 **Elbow..... P'al Coop
 *Eye..... Nun
 **Finger Soo Ka Rak
 **Fist Chu Mok
 ***Foot Bahl
 *Forehead..... Eema
 *Between nose & mouth In Choong

***Groin..... Ko Whan
 **Hand..... Soo
 *Hair Mori
 **Heart Shim Jang
 ***Heel Twi Kum Ch'i
 *Jaw..... T'ok
 ***Knee Mu Rup
 ***Leg Tari or Dari
 *Mouth Ip
 **Neck Mok
 *Nose K'o
 **Solar Plexis..... Myung Chi
 **Shoulder..... O'kae
 ***Toes..... Bahl Ka Rak
 **Waist Hur Ri
 **Wrist..... Son Mok

* = Head ** = Middle Body *** = Lower Body